


Framing Questions


What is spiritual formation?

Why Adventure?

What is the role of the facilitator in spiritual formation?




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Dialogue Question

What is spiritual formation to you?



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Spiritual Formation:

“The good news is that we are lovable and we are loved (that is, we have a ‘soul,’ we have an identity, we are somebody). The bad news is that we neither know it or believe it. To be sure, there are those who think they believe it, but, as we shall see, believers are easily deceived.”

Alan Jones – Soul Making

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Spiritual Formation: A Shift in Intent

Contemporary Paradigms

- Information based faith
- Primacy of Morality
- Primacy of Productivity

vs.

Ancient Paradigm

- Identity
- Maturity
- An Experienced Faith
- Community

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Spiritual Formation: **Identity**

“You are blessed when you’re content with just who you are—no more, no less. That’s the moment you find yourselves proud owners of everything that can’t be bought.”

Matthew 5, The Message

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Spiritual Formation: **Identity**

“The greatest trap in life is not success, popularity, or power, but self-rejection, doubting who we truly are.”

Henri Nouwen, Spiritual Direction

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What is our Role?

Help people get the right character at the center of the story.

“The great weakness of North American spirituality is that it is all about us: fulfilling our potential, getting in on the blessings of God, expanding our influence, finding our gifts, getting a handle on principles by which we can get an edge over the competition. And the more there is of us, the less there is of God.”

Eugene Peterson, *Christ Plays in Ten Thousand Places*

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What is our Role?

To know our place – Spiritual formation is God's work. We only make it easier to pay attention to what God is doing.



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What is our Role?

To understand the wilderness question.

- What makes me valuable or important?
 - To be in control
 - To prove our worth
 - To be productive
 - To be relevant
 - To be spectacular
 - To be powerful

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What is our Role?

Learn to value the entire harvest cycle.

“I planted the seed, Apollos watered the plants, but God made you grow. It's not the one who plants or the one who waters who is at the center of this process but God, who makes things grow.”

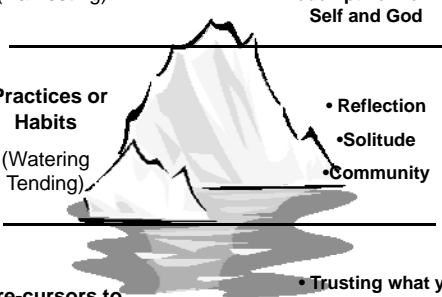
1 Corinthians 3:6-7

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Opportunities for Influence

<p>Actions Congruent with Faith (Harvesting)</p>	<ul style="list-style-type: none"> • Acceptance • Forgiveness • Helping Others • Redemptive View of Self and God
<p>Practices or Habits (Watering Tending)</p>	<ul style="list-style-type: none"> • Reflection • Solitude • Community
<p>Pre-cursors to Spiritual Formation --Identity-- (Planting)</p>	<ul style="list-style-type: none"> • Trusting what you can see • Self Efficacy • Challenging Assumptions • Understanding Fear



Pre-cursor: Facing our Fear




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Pre-cursor: Facing our Fear


Such love has no fear because perfect love expels fear. If we are afraid, it is for fear of judgment, and this shows that his love has not been perfected in us. -- 1 John 4:18




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What are the implications for challenge courses?



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For more information on the
Spiritual Facilitator Workshop:

Visit: **www.challengequest.com**

The Spiritual Facilitator
April 5-6, 2011

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